Women’s Health

Many women live with personal and private medical conditions that negatively impact their lives. These conditions include bowel or bladder dysfunction and pelvic pain that may be experienced on a daily basis.

Our women’s health physical therapists have specialized training in the comprehensive evaluation and treatment of these conditions. Help IS available! Women’s health physical therapy is a proven and effective step in the path to improved quality of life.

Common conditions we treat include:
• Pelvic pain
• Bowel and bladder incontinence
• Urinary urgency and frequency
• Constipation
• Tailbone pain
• Pain with intercourse
• Pregnancy and post-partum

Specialized therapy available at:
Millard Clinic  157th & Harrison  402-933-5448
Aksarben Clinic  63rd & Center  402-884-7453

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