



# Women's Health

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Many women live with personal and private medical conditions that negatively impact their lives. These conditions include bowel or bladder dysfunction and pelvic pain that may be experienced on a daily basis.

Our women's health physical therapists have specialized training in the comprehensive evaluation and treatment of these conditions. Help IS available! Women's health physical therapy is a proven and effective step in the path to improved quality of life.

**Common conditions we treat include:**

- Pelvic pain
- Bowel and bladder incontinence
- Urinary urgency and frequency
- Constipation
- Tailbone pain
- Pain with intercourse
- Pregnancy and post-partum

**Specialized therapy available at:**

Millard Clinic	157th & Harrison	402-933-5448
Aksarben Clinic	63rd & Center	402-884-7453

